



- *I can see you're upset, let's take a minute together*
- *It looks like you're unhappy, would you like to talk about it?*
- *It's okay that you're upset, tell me what's happened*
- *I understand you're feeling a lot at the moment and that's okay*
- *I can see that this is hard for you. I'm on your team*
- *When you're ready, let's come up with a solution together*

